



Free Asthma Care Coordination Program

Suffolk Health Plan (SHP) would like to invite you to participate in our free Asthma Care Coordination Program. The Care Coordination program can help you get the services that you need to manage your asthma. If you have been diagnosed or treated for asthma, please call us and we will be happy to explain the program to you. All information is kept confidential.

As part of the program, a Care Coordinator will:

- Answer questions you may have about asthma
- Help you schedule visits to your doctor
- Let you know what questions to ask your doctor
- Help you get your medications
- Help you find the right asthma self-management training

If you have difficulty managing your asthma and have had frequent asthma attacks you can get:

- **Up to ten (10) hours of asthma self-management training for up to six months.**

If you have been able to manage your asthma and have **not** had frequent asthma attacks you can get:

- **Up to one (1) hour of asthma self-management training for up to six months.**

Asthma self-management training is provided in individual or group sessions. If you are interested in attending a training session, please call us and we will help you find one in your area.

To speak with a Care Coordinator, call our toll free number at 1-800-250-5007, Monday through Friday, between 9 a.m. and 5 p.m. If you have a hearing or speech impairment, please call us at TTY/TDD 1-800-662-1220. If you are asked to leave a message, please include your name, a telephone number where you can be reached, and the best time to return your call.